Intentional career pathways

Sarah Yip

EASE unlock your potential

Top five regrets of the dying

1

I wish I'd had the courage to live a life true to myself, not the life others expected of me.

I wish I hadn't worked so hard.

2

I wish I'd had the courage to express my feelings.

I wish I had stayed in touch with my friends. 4

5 I wish I had let myself be happier.



I wish I'd had the courage to live a life true to myself, not the life others expected of me.





Turn your dream into a reality

- What do you want?
- What makes you happy?
- What are you good at?

It is...



Staying motivated

A man from India started planting trees when he was 16-years-old. He's now 47 and lives in his own forest with rhinos, tigers and elephants.





Creating brand YOU

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What is your USP?







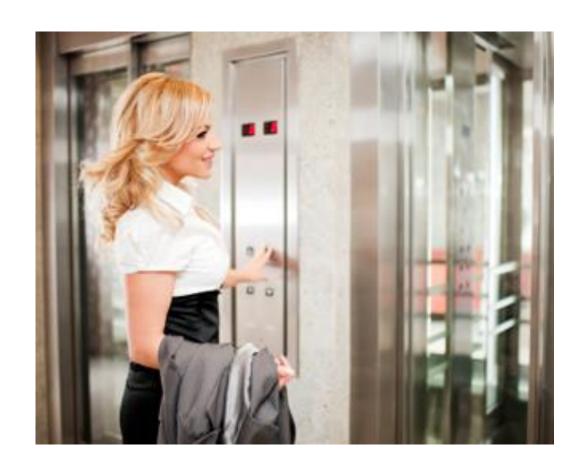


How do I use this?

- Seek every opportunity to walk, talk & breathe your brand- consistency triumphs rare brilliance
- 2) Stamp your brand on everything- social media, letterheads, business cards
- 3) Translate your strengths into benefits for the workplace



The elevator pitch





Two examples

Seeking a position

"At the current time, I'm seeking a position that will utilise my experience in writing technical manuals that ensure safe and efficient operation of laboratory equipment." PAR model (Problem, Action, Results)

"I identify problems with system efficiencies and recommend remedies that result in cost savings to the company."

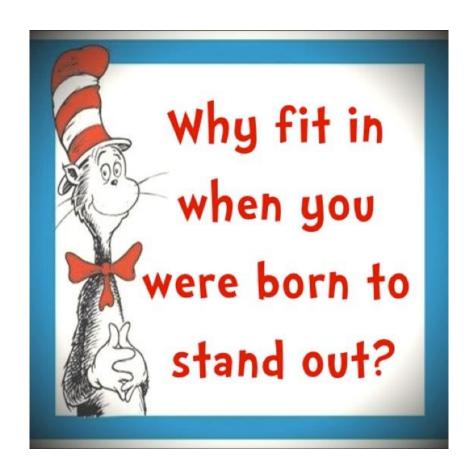


Work your brand





3 ways to STAND OUT





OWN it





KNOW your brand

WORK your brand

OWN your brand

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